

THE
COW & PLOUGH

Small plates

- (VE) Roasted courgette 8.5
garam masala, coconut yoghurt, coriander relish, toasted almond (GF)
245 calories
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| Homemade chorizo 7.5
salted yoghurt, crispy kale, caraway cracker (GFA) | Salmon pastrami 10
cornichon, Dijon crème fraîche, rye bread crisp (GFA) |
| Crispy lamb chips 9
harissa, roasted garlic | (V) Tempura sprouting broccoli 8
sweet chilli sauce, lime |
| Braised beef filo roll 8
English mustard, tarragon | (V) Brussel sprout salad 7
apple, caramelised walnut, Black Bomber cheddar,
vinaigrette (GF) |
| (V) Baked goat's cheese 9.5
hazelnut butter, honey & thyme (GF) | (V) Chargrilled corn on the cob 6.5
charred corn, chilli butter, manchego,
spiced breadcrumbs |
| (VE) Carrot hummus 7
coriander seed crisp bread, heritage carrot crudite,
carrot top pesto (GFA) | |

Main plates

- Roasted hake 11.5
new potato salad, chive, sea herbs (GF)
279 calories
- Grilled rare breed pork 12
malt loaf ketchup, mashed bacon & cabbage
- Aged beef 17
IPA glazed onion, Marmite butter
- Beer battered cod 13.5
crushed peas, tartar sauce, malt vinegar powder
- Grilled gambas 16
pil pil butter, tomato, dipping bread, caramelised lemon (GFA)
- The Billy slider 13.5
braised beef, hash brown, red cabbage coleslaw, sesame brioche bun, smoked cheddar, house pickle
911 calories
- Lamb shoulder Rogan Josh 14.5
carrot bhaji, coriander emulsion (GFA)
- (VE) BBQ Swiss chard 9
peas, broad beans, roasted turnip, hazelnut dressing (GF)
- (V) Glazed butternut 9.5
whipped blue cheese, hot sauce, pumpkin seed crumble, celery (GFA)

Bowls

- Orsom Red Leicester mash, chives (GF) 5
- Parmesan & oregano fries, truffle (GF) 5
- Large leaf salad, salsa verde (GF) 4
- Thick cut chips, roasted garlic aioli (GF) 4
- Sprouting broccoli, polytunnel pesto (GF) 4.5
- Green bean & chick pea salad, pil pil butter (GF) 5

Desserts

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| Vanilla panna cotta 7
poached rhubarb, lemon verbena, ginger biscuit (GFA) | Mocha cheesecake 6.5
biscoff, morello cherry |
| Sticky toffee pudding 6.5
miso caramel sauce, date purée, candied pecan | Cheeseboard 8.5
selection of local, British & continental cheeses,
chutney, fruits & crackers |
| Pastel de Nata 6.5
marmalade ice cream | |

Please notify your server of any dietary or allergen requirements
(V) vegetarian (VE) vegan (GF) gluten free (GFA) gluten free adaptable

