



THE
COW & PLOUGH
Sunday Lunch

Starters

- (V) Soup of the day with crusty bread roll 7
Chicken liver parfait, toasted brioche, garden chutney 8.95
Tempura tiger prawns, Asian slaw 10.95
(V) Roasted vegetable & onion tart 8.95
Salt & pepper squid, garlic aioli 7.50

Mains

- Roasted sirloin of English beef 19.95
Garlic & sage pork loin 17.95
Roasted Leg of lamb 19.95
Lemon & thyme roasted chicken breast 17.95
Trio of roasts - Lamb, beef & pork 21.95
(V) Roasted Vegetable Wellington 16.5
- All the above are served with roast potatoes, Yorkshire pudding,
bowl of seasonal vegetables & gravy*
- Pan fried seabass, new potatoes, samphire, crayfish, mussels, white wine sauce 17.95
(VEA) Vegetable baked ratatouille, new potatoes, garden salad 15

Kids

- A smaller portion of our Sunday Lunch*
Choose from
Lamb, chicken, beef or pork 8.95

Sides

- Cauliflower cheese 4.5 Roasties 4.5
Bowl of seasonal green vegetables 4.5

Desserts

- New York cheese cake 7.95
Summer fruit meringue, white chocolate, vanilla ice cream 7.95
Chocolate brownie ice cream sundae 7.95
Glazed lemon tart, clotted cream 7.95
(GFA) Selection of British & continental cheeses 9.95
chutney, fruit, biscuits

