



THE
COW & PLOUGH
Sunday Lunch

Starters

- (V) Soup of the day with crusty bread roll 7
Confit of duck terrine, date chutney & raspberry vinaigrette 9
Smoked salmon & prawn cocktail 9.5
Cherry tomato & bocconcini bruschetta, basil pesto 8
(V) Padron peppers with smoked Maldon sea salt 5

Mains

- Roasted sirloin of English beef 19.95
Garlic & sage pork loin 17.95
Roasted Leg of lamb 19.95
Lemon & thyme roasted chicken breast 17.95
Trio of roasts - Lamb, beef & pork 21.95
(V) Roasted Vegetable Wellington 16.5
- All the above are served with roast potatoes, Yorkshire pudding,
bowl of seasonal vegetables & gravy*
- Pan fried seabass served with fondant potato, samphire, crayfish & white wine sauce 17.95
(VEA) Spicy roasted vegetable Linguine 15

Kids

- A smaller portion of our Sunday Lunch*
Choose from
Lamb, chicken, beef or pork 8.95

Sides

- Cauliflower cheese 4.5 Roasties 4.5
Bowl of seasonal green vegetables 4.5 Roasted root vegetables 4.5

Desserts

- New York cheese cake with clotted cream 7.95
Treacle sponge and custard 7.95
Chocolate brownie ice cream sundae 7.95
Lemon posset and shortbread 7.95
(GFA) Selection of British & continental cheeses 10
chutney, fruit, biscuits

